

Mette Berger

Lausanne University Hospital, Switzerland

Session 2A: Parenteral Nutrition and Complications: A: Trace Element Needs and Intestinal Failure; July 1, 2023; 11:00am-11:20am



Prof. Hon. Mette M Berger is an Intensive care physician from the Lausanne University Hospital and specialized in burn care and nutrition. She has been responsible for the Lausanne burn center for 30 years

She received her M.D. degree from Lausanne School of Medicine (Switzerland), and her medical Ph.D from the University of Umeå (Sweden). After a first specialty in Anesthesiology (Lausanne University), she became an intensive care specialist. She also trained as a nutritionist in Nancy (France) and acquired an MBA in health economics.

Prof. Berger has held positions as president and treasurer of the Swiss Society of Clinical Nutrition (SSNC), is member of the ESPEN-ICU guidelines group, Honorary member of European Society of Intensive Care Medicine (ESICM and SSNC), and chairs the ESPEN guidelines and special interest group for micronutrients. Prof. Berger has authored over 280 publications on nutritional therapy of the critically ill, burn and trauma care and micronutrients. She is also teacher for the LLL-ESPEN training program and lecturing worldwide in 5 languages about individualized nutrition therapy, metabolism and micronutrition.

She has contributed to develop the concept of maximal tolerable energy deficit, promoting the use of indirect calorimetry and computerized information systems to monitor nutritional therapy. Committed to education, she has published multiple training documents.



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